

# East Creek November 2018

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1 Stroke Support Group 9.30-11.30am Morning Tea @ The Movie LAST	2 Harmony Playgroup 10 am -12 pm Craft Group 10am – 12noon	3 
4	5 Crochet Group 10 - 12 Blankets for the Homeless 1:00pm – 3:00pm	6 Walking Group 8:45am Cuppa & card game 10am – 12pm  Meditation 7-9pm	7 Harmony Playgroup 10:00 -11:30am  Art-Ability 12-1pm Art Group 1- 3pm	8 Stroke Support Group 9.30-11.30am	9 Harmony Playgroup 10 am -12 pm Craft Group 10am – 12noon	10
11	12 Crochet Group 10 - 12 Blankets for the Homeless 1:00pm – 3:00pm	13 Walking Group 8:45am Cuppa & card game 10am – 12pm  Meditation 7-9pm	14 Harmony Playgroup 10:00 -11:30am  Art-Ability 12-1pm Art Group 1- 3pm  Eating with Friends 12pm Downs Hotel	15 Stroke Support Group 9.30-11.30am AGM 1 pm Committee Meeting 2.00pm- 3.00pm	16 <b>Centre being packed up No Activities</b>	17
18	19 <b>Big Move back to 43 Kitchener Street No Activities</b>	20 Walking Group 8:45am Cuppa & card game 10am – 12pm  Meditation 7-9pm	21 Harmony Playgroup 10:00 -11:30am  Art-Ability 12-1pm Art Group 1- 3pm	22 Stroke Support Group 9.30-11.30am	23 Harmony Playgroup 10 am -12 pm Craft Group 10am – 12noon	24
25	26 Crochet Group 10 - 12 Blankets for the Homeless 1:00pm – 3:00pm	27 Walking Group 8:45am Cuppa & card game 10am – 12pm  Meditation 7-9pm	28 Harmony Playgroup 10:00 -11:30am  Art-Ability 12-1pm Art Group 1- 3pm  Eating with Friends 12pm Farmers Arm Pub Xmas	29 Stroke Support Group 9.30-11.30am Morning with the Stars City Golf Club Morning Tea 9:30am Show Starts 10:00am (LAsT)	30 Harmony Playgroup 10 am -12 pm Craft Group 10am – 12noon	



Produce Swap 9am-11am



– Dr Who Group 10:00am – 3:00pm



Meditation Saturday 2pm-4pm



Thank you to TRC for the printing

Community Literacy Program – by appointment for details call 4639 2755 Bread, some Fruit and Vegetable available – just call in to the Centre  
Fresh free range Eggs \$3.50 per dozen Broadband for Seniors – by appointment Monday, Wednesday & Friday 4639